



# MARCH

## Headstart Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	<b>FUN</b> FRIDAY!
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START YOUR DAY WITH BREAKFAST!

*NATIONAL SCHOOL BREAKFAST WEEK (MARCH 4TH-8TH)*

### Served Daily

Seasonal Fruit Variety

Seasonal Vegetable Variety

1% White Milk &  
Nonfat Milk

ALL STUDENTS

EAT FREE!

All Grains are  
Whole Grain Rich!

\*pepperoni pizza contains pork

4 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> ABC Chicken Nuggets!	5 <b>Breakfast:</b> Concha <b>Lunch:</b> Kickin' Chicken Nuggets w/ Goldfish Crackers	6 <b>Breakfast:</b> Yogurt Parfait w/Strawberries <b>Lunch:</b> Pepperoni or Cheese Pizza	7 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> Crispy Chicken Sandwich	8 <b>Breakfast:</b> Blueberry Cinnamon Crumble <b>Lunch:</b> BBQ Rib Sandwich
11 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> Orange Chicken w/Rice & Steamed Broccoli	12 <b>Breakfast:</b> Concha <b>Lunch:</b> Kickin' Chicken Nuggets w/ Goldfish Crackers	13 <b>Breakfast:</b> Yogurt Parfait w/Strawberries <b>Lunch:</b> Pepperoni or Cheese Pizza	14 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> Cheeseburger or Hamburger	
18 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> Spaghetti w/Meat Sauce & Garlic Knot	19 <b>Breakfast:</b> Concha <b>Lunch:</b> Kickin' Chicken Nuggets w/ Goldfish Crackers	20 <b>Breakfast:</b> Yogurt Parfait w/Strawberries <b>Lunch:</b> Pepperoni or Cheese Pizza	21 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> Crispy Chicken Sandwich	
25 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> Teriyaki Chicken w/Rice & Broccoli	26 <b>Breakfast:</b> Concha <b>Lunch:</b> Kickin' Chicken Nuggets w/ Goldfish Crackers	27 <b>Breakfast:</b> Yogurt Parfait w/Strawberries <b>Lunch:</b> Pepperoni or Cheese Pizza	28 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> Mini Cheeseburgers	29 <b>Breakfast:</b> Assorted Cereal <b>Lunch:</b> Hawaiian or Cheese Pizza or Chicken & Cheese Quesadilla

### Fruit and Vegetable Offerings

Dried Apple Crisps Steamed Broccoli Baby Carrots	Seasonal Fruit Steamed Corn	Banana Tater Tots Baby Carrots	Seasonal Fruit Feta Bean Salad Baby Carrots	Apples Slices Green Beans
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